



MAYOR NICHOLAS J. SACCO
COUNCIL ON AGING
PROUDLY PRESENTS
EVENTS FOR:

November 2017



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Senior Transportation

Call: 201-869-9595

Senior Events Questions

Call: 201-392-2159

**NUTRITION CENTER 1441 45TH ST
(201) 866-8791**

1 Regular Shopping Trips
8:45am-3:00pm

TAI-CHI 9:45am



**IL VAPORETTO
1pm-3pm
\$22pp**

2 Regular Shopping Trips
8:45am-3:00pm

EXERCISE 9:30am-10:30am

**MOVIE NUTRITION CENTER
10:30am-12:30pm**

3 Regular Shopping Trips
8:45am-3:00pm

**BIRTHDAY BINGO
11am-1pm**

4 **NEWPORT MALL**
10am-4pm



5 **EMPIRE CITY YONKERS**
8:30am-5:30pm
\$5.00pp



6 Regular Shopping Trips
8:45am-3:00pm

TAI-CHI 9:45am

BINGO 11am-1pm

LUNCH SPECIAL \$1.75

7 **ELECTION DAY**

8 Regular Shopping Trips
8:45am-3:00pm

TAI-CHI 9:45am

**BINGO LUNCHEON
11am-1pm**

9 Regular Shopping Trips
8:45am-3:00pm

EXERCISE 9:30am-10:30am

**MOVIE NUTRITION CENTER
10:30am-12:30pm**

10 Regular Shopping Trips
8:45am-3:00pm

FREE MOVIE



11 **VETERAN'S DAY**



12

13 **VETERAN'S DAY
OBSERVED**



14 Regular Shopping Trips
8:45am-3:00pm

**EXERCISE CLASS
9:15am**

15 Regular Shopping Trips
8:45am-3:00pm

**NEWARK MUSEUM/
BALLENTINE HOUSE
11am -3pm
\$8.00 senior ID**



16 Regular Shopping Trips
8:45am-3:00pm

EXERCISE 9:30am-10:30am

**MOVIE NUTRITION CENTER
10:30am-12:30pm**

17 Regular Shopping Trips
8:45am-3:00pm

**BINGO LUNCHEON
11am-1pm**

18

19 **EMPIRE CITY YONKERS**
8:30am-5:30pm
\$5.00pp



20 Regular Shopping Trips
8:45am-3:00pm

TAI-CHI 9:45am

BINGO 11am-1pm

LUNCH SPECIAL \$1.75

21 Regular Shopping Trips
8:45am-3:00pm

**EXERCISE CLASS
9:15am**

22 Regular Shopping Trips
8:45am-3:00pm

TAI-CHI 9:45am

**BINGO LUNCHEON
11am-1pm**

23 **THANKSGIVING
DAY**

24 **HOLIDAY**

25

26

27 Regular Shopping Trips
8:45am-3:00pm

TAI-CHI 9:45am

BINGO 11am-1pm

LUNCH SPECIAL \$1.75

28 Regular Shopping Trips
8:45am-3:00pm

**EXERCISE CLASS
9:15 am**

29 Regular Shopping Trips
8:45am-3:00pm

TAI-CHI 9:45am



**HIBACHI GRILL
1pm-3pm
\$11pp**

30 Regular Shopping Trips
8:45am-3:00pm

EXERCISE 9:30am-10:30am

**MOVIE NUTRITION CENTER
10:30am-12:30pm**