










MAYOR NICHOLAS J. SACCO
COUNCIL ON AGING
PROUDLY PRESENTS
EVENTS FOR:

January 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Senior Events Transportation Call: 201-392-2157</p> <p>Senior Events Questions Call: 201-392-2159</p> <p>NUTRITION CENTER 1441 45TH ST (201) 866-8791</p>	<p>1</p> <p>HOLIDAY NEW YEARS DAY</p>	<p>2</p> <p>Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:30am WOODBRIIDGE MALL 10am-3pm</p> 	<p>3</p> <p>Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am</p>	<p>4</p> <p>Regular Shopping Trips 8:45am-3:00pm BIRTHDAY BINGO 11am-1pm CHI-KUNG with Pedro 9:15am - 10:30am</p>	<p>5</p>	
<p>6</p>	<p>7</p> <p>Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00</p>	<p>8</p> <p>Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am BINGO LUNCHEON 11am-1pm</p>	<p>9</p> <p>Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO LUNCHEON 11am-1pm</p>	<p>10</p> <p>Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am</p>	<p>11</p> <p>Regular Shopping Trips 8:45am-3:00pm FREE MOVIE</p> 	<p>12</p> <p>EMPIRE CITY YONKERS 8:30am-5:30pm</p> 
<p>13</p>	<p>14</p> <p>Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00</p>	<p>15</p> <p>Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am BINGO LUNCHEON 11am-1pm</p>	<p>16</p> <p>Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:30am CAVALINO'S 1pm-3pm \$17pp</p> 	<p>17</p> <p>Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am</p>	<p>18</p> <p>Regular Shopping Trips 8:45am-3:00pm BINGO LUNCHEON 11am-1pm CHI-KUNG with Pedro 9:15am - 10:30am</p>	<p>19</p>
<p>20</p>	<p>21</p> <p>HOLIDAY MARTIN LUTHER KING JR. BIRTHDAY</p>	<p>22</p> <p>Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am BINGO LUNCHEON 11am-1pm</p>	<p>23</p> <p>Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO LUNCHEON 11am-1pm</p>	<p>24</p> <p>Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am</p>	<p>25</p> <p>Regular Shopping Trips 8:45am-3:00pm FREE MOVIE</p> 	<p>26</p>
<p>27</p> <p>SANDS BETHLEHEM, PA 8:30am-6:00pm</p> 	<p>28</p> <p>Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00</p>	<p>29</p> <p>Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am BINGO LUNCHEON 11am-1pm</p>	<p>30</p> <p>Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:30am HIBACHI GRILL & SUPREME BUFFET 1pm-3pm \$11pp</p> 	<p>31</p> <p>Regular Shopping Trips 8:45am-3:00pm MOVIE NUTRITION CENTER 10:30am-12:30pm EXERCISE CLASS 9:30am-10:30am</p>		