



MAYOR NICHOLAS J. SACCO
COUNCIL ON AGING
PROUDLY PRESENTS
EVENTS FOR:

February 2018



SUNDAY

MONDAY










TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

				<p>1 Regular Shopping Trips 8:45am-3:00pm EXERCISE 9:30am-10:30am MOVIE NUTRITION CENTER 10:30am-12:30pm</p>	<p>2 Regular Shopping Trips 8:45am-3:00pm BIRTHDAY BINGO 11am-1pm</p>	<p>3 EMPIRE CITY YONKERS 8:30am-5:30pm</p> 
<p>4</p>	<p>5 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.75</p>	<p>6 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am</p>	<p>7 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am HIBACHI GRILL BUFFET 12pm-2:30pm \$11pp</p> 	<p>8 Regular Shopping Trips 8:45am-3:00pm EXERCISE 9:30am-10:30am MOVIE NUTRITION CENTER 10:30am-12:30pm</p>	<p>9 Regular Shopping Trips 8:45am-3:00pm FREE MOVIE</p> 	<p>10 JERSEY GARDENS 10am-4pm</p> 
<p>11</p>	<p>12 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.75</p>	<p>13 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am</p>	<p>14 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO LUNCHEON 11am-1pm</p>	<p>15 Regular Shopping Trips 8:45am-3:00pm EXERCISE 9:30am-10:30am MOVIE NUTRITION CENTER 10:30am-12:30pm</p>	<p>16 LINCOLN'S BIRTHDAY</p> 	<p>17</p>
<p>18</p>	<p>19 PRESIDENT'S DAY</p> 	<p>20 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am</p>	<p>21 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am RANCHO MATEO 1pm-3pm \$16pp</p> 	<p>22 Regular Shopping Trips 8:45am-3:00pm EXERCISE 9:30am-10:30am MOVIE NUTRITION CENTER 10:30am-12:30pm</p>	<p>23 Regular Shopping Trips 8:45am-3:00pm FREE MOVIE</p> 	<p>24 EMPIRE CITY YONKERS 8:30am-5:30pm</p> 
<p>25</p>	<p>26 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.75</p>	<p>27 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15 am</p>	<p>28 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO LUNCHEON 11am-1pm</p>	<p>Senior Transportation Call: 201-869-9595 Senior Events Questions Call: 201-392-2159 NUTRITION CENTER 1441 45TH ST (201) 866-8791</p>		



MAYOR NICHOLAS J. SACCO
COUNCIL ON AGING PROUDLY
PRESENTS EVENTS FOR:

FEBRERO 2018

LUNES

MARTES





MIERCOLES

JUEVES

VIERNES

SABADO

**PREGUNTAS ACERCA DE EVENTOS
PARA SENIORS: 201-392-2159**

				Viaje de Compras 8:45 AM - 3 PM EJERCICIOS CLASE 9:30 AM - 10:30 AM Pelicula en el nutrition center 10:30AM - 12:30PM	Viaje de Compras 8:45 AM - 3 PM BINGO Cumpleaños 11am-1pm	EMPIRE CITY YONKERS 8:30AM - 5:30PM 
4 Viaje de Compras 8:45 AM - 3 PM TAI-CHI 9:45 AM BINGO 11 AM - 1PM ESPECIAL ALMUERZO \$1.75	5 Viaje de Compras 8:45AM - 3 PM EJERCICIOS CLASE 9:15 AM	6 Viaje de Compras 8:45AM - 3 PM EJERCICIOS CLASE 9:15 AM	7 Viaje de Compras 8:45 AM - 3 PM TAI-CHI 9:45 AM Hibachi Grill Buffet 12pm-2:30pm \$11 pp 	8 Viaje de Compras 8:45 AM - 3 PM EJERCICIOS CLASE 9:30 AM - 10:30 AM Pelicula en el nutrition center 10:30AM - 12:30PM	9 Viaje de Compras 8:45 AM - 3 PM PELICULA GRATIS 	10 Jersey Gardens 10AM - 4PM
11 Viaje de Compras 8:45 AM - 3 PM TAI-CHI 9:45 AM BINGO 11 AM - 1PM ESPECIAL ALMUERZO \$1.75	12 Viaje de Compras 8:45AM - 3 PM EJERCICIOS CLASE 9:15 AM	13 Viaje de Compras 8:45AM - 3 PM EJERCICIOS CLASE 9:15 AM	14 Viaje de Compras 8:45 AM - 3 PM TAI-CHI 9:45 AM BINGO ALMUERZO 11 AM - 1 PM	15 Viaje de Compras 8:45 AM - 3 PM EJERCICIOS CLASE 9:30 AM - 10:30 AM Pelicula en el nutrition center 10:30AM - 12:30PM	Celebracion del Cumpleaños de Lincoln 16	17
18 Dia de los Presidentes 19	20 Viaje de Compras 8:45AM - 3 PM EJERCICIOS CLASE 9:15 AM	21 Viaje de Compras 8:45 AM - 3 PM TAI-CHI 9:45 AM Rancho Mateo 1pm-3pm \$16 pp 	22 Viaje de Compras 8:45 AM - 3 PM EJERCICIOS CLASE 9:30 AM - 10:30 AM Pelicula en el nutrition center 10:30AM - 12:30PM	23 Viaje de Compras 8:45 AM - 3 PM PELICULA GRATIS 	24 EMPIRE CITY YONKERS 8:30AM - 5:30PM 	
25 Viaje de Compras 8:45 AM - 3 PM TAI-CHI 9:45 AM BINGO 11 AM - 1PM ESPECIAL ALMUERZO \$1.75	26 Viaje de Compras 8:45AM - 3 PM EJERCICIOS CLASE 9:15 AM	27 Viaje de Compras 8:45AM - 3 PM EJERCICIOS CLASE 9:15 AM	28 Viaje de Compras 8:45 AM - 3 PM TAI-CHI 9:45 AM BINGO ALMUERZO 11 AM - 1 PM	PREGUNTAR ACERCA DE TRANSPORTACION PARA SENIORS: 201-869- 9595 NUTRITION CENTER 1441 45TH ST: (201) 866-8791		